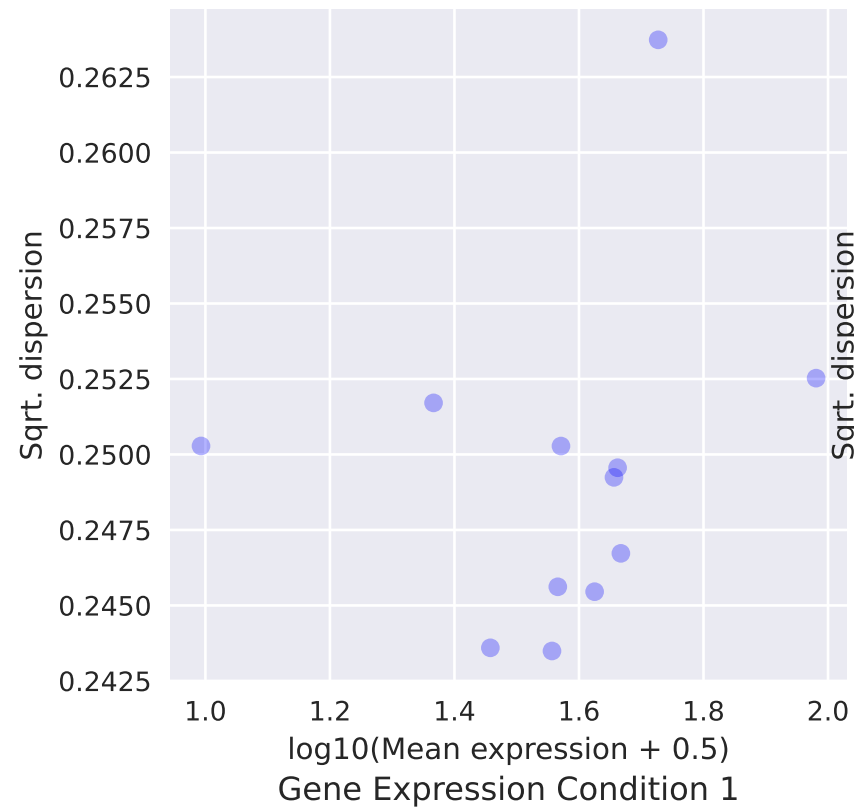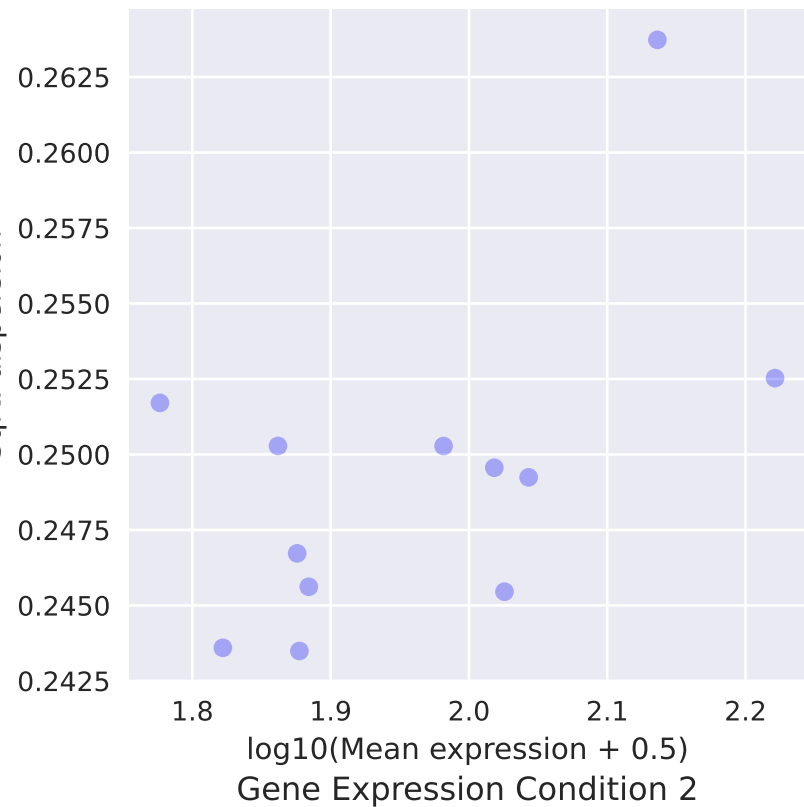Adjusted Dispersion Estimat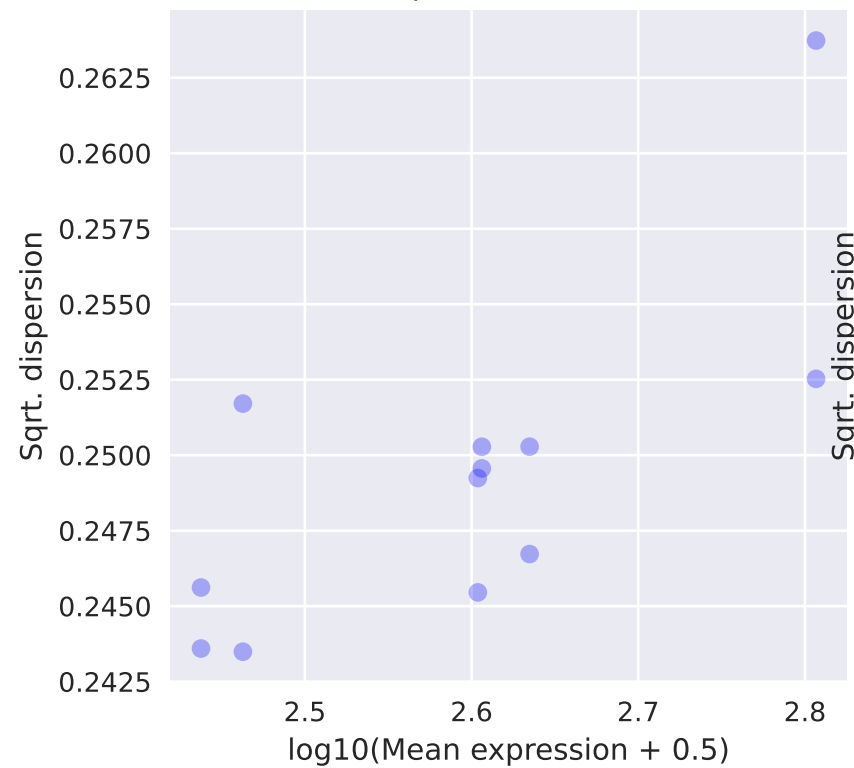e